

UNIVERSITY OF ZAGREB  
FACULTY OF VETERINARY MEDICINE  
Heinzelova 55  
Tel. 01/2390 179  
Division: Basic and preclinical science  
Department / Clinic: Department of Physiology and Radiobiology  
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28 August 2018

### **COURSE SYLLABUS**

Course name: Radiation Hygiene

Academic year 2018-19

Course leader: Marinko Vilić, DVM, PhD, Associate Professor

Teachers: Miljenko Šimpraga, DVM, PhD, full professor

Associate teachers: Jadranka Pejaković Hlede, DVM

First day of classes: 28 November 2018

Last day of classes: 18 January 2019

Timetable for LECTURES academic year 2018-2019

| LECTURES   |   |  |   |   |
|------------|---|--|---|---|
| Date       | Methodological unit   | Teacher                                      | Location / time                                   | Literature                                |
| 28/11/2018 | Introduction to radiation hygiene   | Marinko Vilić, DVM, PhD, Associate Professor | Department of Physiology and Radiobiology/14–16 h | (see the list of the required literature) |
| 30/11/2018 | Radioactive contaminations  | Marinko Vilić, DVM, PhD, Associate Professor | Department of Physiology and Radiobiology/14–16 h | (see the list of the required literature) |
| 4/12/2018  | Biologically significant radionuclides  | Marinko Vilić, DVM, PhD, Associate Professor | Department of Physiology and Radiobiology/11–13 h | (see the list of the required literature) |
| 7/1/2019   | Effects of ionizing radiation upon animals and humans                                 | Marinko Vilić, DVM, PhD, Associate Professor | Department of Physiology and Radiobiology/10–12 h | (see the list of the required literature) |
| 9/1/2019   | Methods of radioactive decontamination;<br>Conservation of food by ionizing radiation | Marinko Vilić, DVM, PhD, Associate Professor | Department of Physiology and Radiobiology/10–12 h | (see the list of the required literature) |
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Timetable for SEMINARS academic year 2018-2019

| SEMINARS |                     |         |       |                 |            |
|----------|---------------------|---------|-------|-----------------|------------|
| Date     | Methodological unit | Teacher | Group | Location / time | Literature |
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## Timetable for PRACTICALS academic year 2018-2019

| PRACTICALS |                                   |  |                       |       |   |  |
|------------|-----------------------------------|--|-----------------------|-------|---|--|
| Date       | Methodological unit               | Teacher                                      | Type of practical     | Group | Location / time                                   | Literature   |
| 3/12/2018  | Radiation Quantities and Units    | Marinko Vilić, DVM, PhD, Associate Professor | Exercise in practicum | 1     | Department of Physiology and Radiobiology/10–12 h | (see the list of the required literature)<br>PowerPoint presentation<br>Handouts |
| 13/12/2018 | Personnel dosimeters-methods      | Marinko Vilić, DVM, PhD, Associate Professor | Exercise in practicum | 1     | Department of Physiology and Radiobiology/13–15 h | (see the list of the required literature)<br>PowerPoint presentation<br>Handouts |
| 14/12/2018 | Personnel dosimeters-practical    | Marinko Vilić, DVM, PhD, Associate Professor | Exercise in practicum | 1     | Department of Physiology and Radiobiology/12–14 h | (see the list of the required literature)<br>PowerPoint presentation<br>Handouts |
| 7/1/2019   | Radiation detectors-methods       | Marinko Vilić, DVM, PhD, Associate Professor | Exercise in practicum | 1     | Department of Physiology and Radiobiology/12–14 h | (see the list of the required literature)<br>PowerPoint presentation<br>Handouts |
| 8/1/2019   | Radiation detectors-practical     | Marinko Vilić, DVM, PhD, Associate Professor | Exercise in practicum | 1     | Department of Physiology and Radiobiology/12–14 h | (see the list of the required literature)<br>PowerPoint presentation<br>Handouts |
| 9/1/2019   | Gamma ray spectrometry            | Marinko Vilić, DVM, PhD, Associate Professor | Exercise in practicum | 1     | Department of Physiology and Radiobiology/12–14 h | (see the list of the required literature)<br>PowerPoint presentation<br>Handouts |
| 15/1/2019  | Radiation protection-calculations | Marinko Vilić, DVM, PhD, Associate Professor | Exercise in practicum | 1     | Department of Physiology and Radiobiology/12–14 h | (see the list of the required literature)<br>PowerPoint presentation<br>Handouts |

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| 16/1/2019 | Radiation protection-<br>Radiation Shielding  | Marinko Vilić,<br>DVM, PhD,<br>Associate<br>Professor | Exercise in<br>practicum | 1 | Department of<br>Physiology and<br>Radiobiology/10–12 h | (see the list of the required<br>literature)<br>PowerPoint presentation<br>Handouts |
| 17/1/2019 | Non-ionizing<br>radiation-<br>instrumentation | Marinko Vilić,<br>DVM, PhD,<br>Associate<br>Professor | Exercise in<br>practicum | 1 | Department of<br>Physiology and<br>Radiobiology/12–14 h | (see the list of the required<br>literature)<br>PowerPoint presentation<br>Handouts |
| 18/1/2019 | Non-ionizing<br>radiation-practical           | Marinko Vilić,<br>DVM, PhD,<br>Associate<br>Professor | Exercise in<br>practicum | 1 | Department of<br>Physiology and<br>Radiobiology/14–16 h | (see the list of the required<br>literature)<br>PowerPoint presentation<br>Handouts |
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**STUDENT OBLIGATIONS**

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| Lecture attendance                              | During semester a student must attend 5 lecture hours in order to gain minimal 3 points. The maximum number of points from this evaluation element is 6 (10 lecture hours).  |
| Seminars attendance                             |  |
| Practicals attendance                           | During semester a student must attend 14 exercise hours in order to gain minimal 8 points. The maximum number of points from this evaluation element is 12 (20 lecture hours). The points will be added if a student is justifiably absent from up to 30 % of the exercises.   |
| Active participation in seminars and practicals | During the practical part of the lesson (exercises), the student will write five tests. For correct answers the student will get a maximum of 10 points. By one test the student will be able to collect a maximum of two points. The minimum number of points from this evaluation element is 5.  |
| Final exam                                      | In order to take the final exam a student must gain minimal 16 points from attending at lectures and exercises, active participation at exercises and minimal 20 points from continuous knowledge checking.  |
| Examination requirements                        | Student requirements are defined in the Regulations on the Integrated Undergraduate and Graduate Study of Veterinary Medicine. Given the above, the student must acquire a minimum number of points from all assessment elements in order to take the final exam. <b>Article 45:</b> a student can justifiably be absent from up to 50 % of the lectures; 30% of the seminars and 30 % of the exercises. |

**GRADING AND EVALUATING STUDENT WORK**

|   |   |
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| Continuous knowledge-checking (mid-terms) | <p>During the course of the Radiation Hygiene one assessment of knowledge (colloquia) will be organized. The colloquium includes content (subjects) of exercises. The maximum number of points scored from this grading element is 32 points and the minimum is 20 points. A student who does not achieve the necessary points during the course of instruction is entitled to three times access to a correctional colloquium that will be organized in certain terms.</p> <p>Colloquium date: 22 January 2019 8:30-10 h</p> <p>The terms of repeated colloquium during the winter exam period of the academic year 2018/2019 will be held according to the following schedule:<br/> 29 January 2019 (10-11:30 h)<br/> 5 February 2019 (10-11:30 h)<br/> 12 February 2019 (10-11:30 h)</p> |
| Final exams (dates)                       | 31/1/2019; 14/2/2019  |
| Form of final exam                        | Written exam  |

**LITERATURE**

|                       |   |
|-----------------------|---|
| Obligatory literature | <p>Vilić, M. (2014): RADIATION HYGIENE, Selected chapters of radioecology, radiobiology and radiation hygiene. Faculty of Veterinary Medicine, Zagreb.</p> <p>IAEA (2010): Radiation biology: a handbook for teachers and students</p> <p>Howard, B. J., N. A. Beresford, G. Voigt (2001): Countermeasures for animal products: a review of effectiveness and potential usefulness after an accident. J. Environ Radioactivity 56, 115-137.</p> <p>Statkiewicz-Sherer, M. A., P. J. Visconti, E. R. Ritenour (2002): Radiation protection. 4th ed. Mosby, Inc. St. Louis.</p> |
| Optional literature   | <p>Travis E. L. (1989): Primer of medical radiobiology. 2nd ed. Mosby, Inc. St. Louis.</p> <p>Eisenbud, M. (1997): Environmental Radioactivity. 5th ed. Academic Press. London.</p> <p>Hall, J. E. (2000): Radiobiology for the radiologist. 5th ed. Lippincott Williams &amp; Wilkins. Philadelphia-Baltimore-New York-London-Buenos Aires-Hong Kong-Sydney-Tokyo.</p>   |

**OBJECTIVES AND LEARNING OUTCOMES**

|                   |  |
|-------------------|--|
| Course objectives | At the Radiation hygiene course students will learn how to be able to (1) protect their selves and their associates from radioactive contamination and irradiation; (2) use detectors of ionising radiation and dosimeters, detect ionising radiation, determine its type and calculate the radiation dose (3) to use high frequency spectrum analyzer and radiofrequency meters and to calculate the exposure limits (4) protect the housings, animal habitats, domestic animals, animal feed and foodstuff from radioactive contamination and radiation (5) perform decontamination of domestic animals, animal feed, meat, milk, water and other food of animal origin, animal habitats, various subjects and environment (soil, farmlands) and check-up the success of decontamination; (6) evaluate radiation hygiene properties of meat, milk and other food and their use as human food, and all intended to protect humans from radiation and radiation risks; (7) evaluate the risk of malignant diseases appearance in humans due to feeding with contaminated milk and meat; (8) conserve food by ionizing radiation. Besides, the students will obtain the basic knowledge about ionizing and non-ionizing (microwave) radiation effects on animals and humans. Both is necessary for course in radiology, nuclear veterinary medicine and for performing other activities in veterinary profession referring to electromagnetic radiation. Finally, without mastering this course, veterinarians are not legally allowed to perform X-ray examinations or examinations by application with radioactive isotopes (nuclear veterinary medicine). Neither is it allowed to perform veterinary inspection or other things relating to animal hygiene. |
| Learning outcomes | After successfully mastering the course students will be able to:<br>1) recognize the sources of ionizing radiation<br>2) describe the pathway of radioactive contamination and the biological effects of ionizing radiation<br>3) protect the housings, animal habitats, domestic animals, animal feed and foodstuff from radioactive contamination and radiation<br>4) perform decontamination of domestic animals, animal feed, meat, milk, water and other food of animal origin, animal habitats, various subjects and environment (soil, farmlands) and check-up the success of decontamination<br>5) evaluate radiation hygiene properties of meat, milk and other food<br>6) use the dosimeters and detectors of ionizing radiation and calculate the radiation dose<br>7) recognize food conserving by ionizing radiation<br>8) recognize the sources of non-ionizing (microwave) radiation and describe the biological effects   |



**GRADING SCHEME**

| <i>Points</i> | <i>Grade</i> |
|---------------|--------------|
| Up to 59      | 1 (F)        |
| 60-68         | 2 (E)        |
| 69-76         | 2 (D)        |
| 77-84         | 3 (C)        |
| 85-92         | 4 (B)        |
| 93-100        | 5 (A)        |

Course leader:

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Head of Department/Clinic:

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Note: The course leader is required to submit a Course Syllabus to all teachers and associates pertaining to the Course.

**GRADING AND EVALUATION OF STUDENT WORK ON COURSES WITH LECTURES,  
SEMINARS and PRACTICALS**

| <b>Type of activity</b>                         | <b>Minimum number of points</b> | <b>Maximum number of points</b> |
|---|---------------------------------|---------------------------------|
| Lectures attendance                             | 3                               | 6                               |
| Seminar attendance                              | 4                               | 6                               |
| Practicals attendance                           | 4                               | 6                               |
| Active participation in seminars and practicals | 5                               | 10                              |
| Continuous knowledge checking (mid-terms)       | 20                              | 32                              |
| Final exam                                      | 24                              | 40                              |
| <b>TOTAL</b>                                    | <b>60</b>                       | <b>100</b>                      |

**GRADING AND EVALUATION OF STUDENT WORK ON COURSES WITH LECTURES and  
SEMINARS**

| <b>Type of activity</b>                   | <b>Minimum number of points</b> | <b>Maximum number of points</b> |
|---|---------------------------------|---------------------------------|
| Lecture attendance                        | 3                               | 6                               |
| Practicals attendance                     | 8                               | 12                              |
| Active participation in practicals        | 5                               | 10                              |
| Continuous knowledge checking (mid-terms) | 20                              | 32                              |
| Final exam                                | 24                              | 40                              |
| <b>TOTAL</b>                              | <b>60</b>                       | <b>100</b>                      |

**GRADING AND EVALUATION OF STUDENT WORK ON COURSES WITH SEMINARS and  
EXERCISES**

| <b>Type of activity</b>                         | <b>Minimum number of points</b> | <b>Maximum number of points</b> |
|---|---------------------------------|---------------------------------|
| Seminar / practicals attendance                 | 11                              | 18                              |
| Active participation in seminars and practicals | 5                               | 10                              |
| Continuous knowledge checking (mid-terms)       | 20                              | 32                              |
| Final exam                                      | 24                              | 40                              |
| <b>TOTAL</b>                                    | <b>60</b>                       | <b>100</b>                      |