

INSTRUCTIONS in a case of an EARTHQUAKE

On the occasion of the recent earthquakes, the Faculty of Veterinary Medicine, University of Zagreb, issued **Instructions in the case of an earthquakes**.

The earthquake occurs due to the movement of tectonic plates in the Earth's interior, and the consequence is the shaking of the Earth's crust due to the release of large amounts of energy.

Behavior in case of earthquake

During an earthquake

- Stay inside the building, bend over and cover (*Drop, Cover and Hold*). It is best to take shelter under a table, stand in a corner or along load-bearing walls. Cover your head and neck with your hands.
- Move away from shelves or similar objects that may fall. Do not run to the exit door.
- Keep your composure and don't panic because panic could be fatal.
- Stay away from glass surfaces and partition walls.
- Do not use matches or open flames.
- If already outside, stay outside and move away from buildings and power lines.

After the earthquake

- When the first earthquake stops, leave the premises in the most convenient way and take the most important things with you.
- Be prepared for subsequent earthquakes (usually of lower strength than the main impact, but are dangerous because they can cause additional damage to already damaged buildings).
- Turn off the electricity at the main switch and turn off the gas and water at the main valve.
- Stay calm, help the victims, but do not move the seriously injured.
- Take care of pets.
- It is safest to stay outdoors until it is determined which building is safe.
- If you are left under rubble, stay calm and call for help by pounding a hard object on the installation pipes (plumbing and central heating).
- Save strength!
- If the event of an evacuation is being declared, follow the instructions of the civil protection.

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Safety at Work

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