

RADIATION HYGIENE

UNIVERSITY OF ZAGREB FACULTY OF VETERINARY MEDICINE Heinzelova 55

Tel. 01/2390 170

Division: Basic and preclinical sciences

Organisational unit: Department of Physiology and Radiobiology

Email: jadranka.pejakovic@vef.unizg.hr

Register no.:

Zagreb, 2 September 2024

COURSE SYLLABUS

Course name: Radiation Hygiene

Academic year 2024-2025

Course leader: Jadranka Pejaković Hlede, DVM, PhD, assistant professor

Teachers: Marinko Vilić, DVM, PhD, Full Professor

First day of classes: 23 October 2024

Last day of classes: 16 January 2025



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Timetable for <u>LECTURES</u> academic year 2024-2025

Date	Methodological unit	Teacher	Location / time	Literature
23/10/2024	Introduction to radiation hygiene	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Physiology and Radiobiology/ 10:15-11:45 h	(see the list of the required literature)
6/11/2024	Basic of nuclear physics	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Physiology and Radiobiology/ 8:15–9:45 h	(see the list of the required literature)
8/11/2024	Sources of ionizing radiation	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Physiology and Radiobiology/ 8:15-9:45 h	(see the list of the required literature)
20/11/2024	Radioactive contamination	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Chemistry and Biochemistry/ 11–12:30 h	(see the list of the required literature)
16/12/2024	Biologically significant radionuclides	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Physics and Biophysics/ 10–11:30 h	(see the list of the required literature)
17/12/2024	Effects of ionizing radiation - classification	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Physics and Biophysics/ 11:30–13 h	(see the list of the required literature)
10/1/2025	Effects of ionizing radiation - mechanisms	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Physiology and Radiobiology/ 10–11:30 h	(see the list of the required literature)
14/1/2025	Effects of non-ionizing radiation	Jadranka Pejaković Hlede, DVM, PhD, assistant professor	Physics and Biophysics / 12:15–13:45 h	(see the list of the required literature)

Timetable for PRACTICALS academic year 2024-2025

PRACTICALS

Date	Methodological unit	Teacher	Type of practical	Group	Location / time	Literature
21/11/2024	Personnel dosimeters	Course leader or Teachers	Exercise in practicum	2	Physiology and Radiobiology/ 11:45-13:15 h	PowerPoint presentation Handouts
22/11/2024	Personnel dosimeters	Course leader or Teachers	Exercise in practicum	3	Physiology and Radiobiology/ 14-15:30 h	PowerPoint presentation Handouts
26/11/2024	Personnel dosimeters	Course leader or Teachers	Exercise in practicum	1	Physiology and Radiobiology/ 10-11:30 h	PowerPoint presentation Handouts
29/11/2024	Radiation detectors	Course leader or Teachers	Exercise in practicum	2	Physiology and Radiobiology/ 12-13:30 h	PowerPoint presentation Handouts
29/11/2024	Radiation detectors	Course leader or Teachers	Exercise in practicum	3	Physiology and Radiobiology/ 14-15:30 h	PowerPoint presentation Handouts
02/12/2024	Radiation detectors	Course leader or Teachers	Exercise in practicum	1	Physiology and Radiobiology/ 13:55-15:25 h	PowerPoint presentation Handouts
06/12/2024	Gamma ray spectrometry	Course leader or Teachers	Exercise in practicum	2	Physiology and Radiobiology/ 10:15-11:45 h	PowerPoint presentation Handouts
06/12/2024	Gamma ray spectrometry	Course leader or Teachers	Exercise in practicum	3	Physiology and Radiobiology/ 14:15-15:45 h	PowerPoint presentation Handouts

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12/12/2024	Gamma ray spectrometry	Course leader or Teachers	Exercise in practicum	1	Physiology and Radiobiology/ 10:15-11:45 h	PowerPoint presentation Handouts
17/12/2024	Radiation protection	Course leader or Teachers	Exercise in practicum	3	Physiology and Radiobiology/ 13:30-15 h	PowerPoint presentation Handouts
18/12/2024	Radiation protection	Course leader or Teachers	Exercise in practicum	1	Physiology and Radiobiology/ 10:15-11:45 h	PowerPoint presentation Handouts
19/12/2024	Radiation protection	Course leader or Teachers	Exercise in practicum	2	Physiology and Radiobiology/ 10:15-11:45 h	PowerPoint presentation Handouts
08.01.2025.	Radiation risk	Course leader or Teachers	Exercise in practicum	2	Physiology and Radiobiology/ 10:15-11:45 h	PowerPoint presentation Handouts
09.01.2025	Radiation risk	Course leader or Teachers	Exercise in practicum	1	Physiology and Radiobiology/ 10-11:30 h	PowerPoint presentation Handouts
09.01.2025	Radiation risk	Course leader or Teachers	Exercise in practicum	3	Physiology and Radiobiology/ 11:45-13:15 h	PowerPoint presentation Handouts
10/1/2025	Radiation protection- Radiation Emergencies	Course leader or Teachers	Exercise in practicum	2	Physiology and Radiobiology/ 11:45-13:15 h	PowerPoint presentation Handouts
13/1/2025	Radiation protection- Radiation Emergencies	Course leader or Teachers	Exercise in practicum	3	Physiology and Radiobiology/ 10-11:30 h	PowerPoint presentation Handouts
13/1/2025	Radiation protection- Radiation Emergencies	Course leader or Teachers	Exercise in practicum	1	Physiology and Radiobiology/ 11:45-13:15 h	PowerPoint presentation Handouts
15/1/2025	Non-ionizing radiation	Course leader or Teachers	Exercise in practicum	3	Physiology and Radiobiology/ 10-11:30 h	PowerPoint presentation Handouts

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16/1/2025	Non-ionizing radiation	Course leader or Teachers	Exercise in practicum	1	Physiology and Radiobiology/ 10-11:30 h	PowerPoint presentation Handouts
16/1/2025	Non-ionizing radiation	Course leader or Teachers	Exercise in practicum	2	Physiology and Radiobiology/ 12-13:30 h	PowerPoint presentation Handouts
20.01.2025.	Colloquium	Course leader or Teachers	Physiology and Radiobiology	1,2,3	Physiology and Radiobiology/ 10-11:30 h	

STUDENT OBLIGATIONS

Lecture attendance	During semester a student must attend 8 lecture hours in order to gain minimal 3 points. The maximum number of points from this evaluation element is 6 (16 lecture hours).
Seminars attendance	-
Practicals attendance	During semester a student must attend 10 exercise hours in order to gain minimal 8 points. The maximum number of points from this evaluation element is 12 (14 lecture hours). The points will be added if a student is justifiably absent from up to 30 % of the exercises.
Active participation in seminars and practicals	During the practical part of the lesson (exercises), the student will write two tests. For correct answers the student will get a maximum of 10 points. By one test the student will be able to collect a maximum of five points. The minimum number of points from this evaluation element is 5.
Final exam	In order to take the final exam a student must gain minimal 16 points from attending at lectures and exercises, active participation at exercises and minimal 20 points from continuous knowledge checking.
Examination requirements	Student requirements are defined in the Regulations on the Integrated Undergraduate and Graduate Study of Veterinary Medicine (2022). Given the above, the student must acquire a minimum number of points from all assessment elements in order to take the final exam. Article 41: a student can justifiably be absent from up to 50 % of the lectures; 30% of the seminars and 30 % of the exercises.

GRADING AND EVALUATING STUDENT WORK

Continuous knowledge-checking (mid-terms)	During the course of the Radiation Hygiene one assessment of knowledge (colloquia) will be organized. The colloquium includes content (subjects) of exercises. The maximum number of points scored from this grading element is 32 points and the minimum is 20 points. A student who does not achieve the necessary points during the course of instruction is entitled to three times access to a correctional colloquium that will be organized in certain terms. Colloquium date: 20/1/2025 The terms of repeated colloquium during the winter exam period of the academic year 2024/2025 will be held according to the following schedule: 10/2/2025
	21/2/2025
Final exams (dates)	10/2/2025; 21/2/2025
Form of final exam	Written exam

LITERATURE

Obligatory literature	IAEA (2021): Nuclear and Radiological Emergencies in Animal Production Systems, Preparedness,
	Response and Recovery. I. Naletoski, A.G. Luckins and G. Viljoen Eds. 1st ed. Springer, Berlin,
	Heidelberg.
	IAEA (2021): Radiation protection and safety in veterinary medicine. IAEA safety reports series, no. 104
	Vilić, M. (2014): RADIATION HYGIENE, Selected chapters of radioecology, radiobiology and radiation
	hygiene. Faculty of Veterinary Medicine, Zagreb.
	IAEA (2010): Radiation biology: a handbook for teachers and students
	Howard, B. J., N. A. Beresford, G. Voigt (2001): Countermeasures for animal products: a rewiew of
	effectiveness and potential usefulness after an accident. J. Environ Radioactivity 56, 115-137.
	Statkiewicz-Sherer, M. A., P. J. Visconti, E. R. Ritenour (2002): Radiation protection, 4th ed. Mosby, Inc.
A THE	St. Louis.
Optional literature	Eisenbud, M. (1997): Environmental Radioactivity. 5th ed. Academic Press. London.
	IAEA (2019): IAEA Safety Glossary. Terminology Used in Nuclear Safety and Radiological. Protection.
	International Atomic Energy Agency, Vienna.
	Hall, J. E., A. J. Giaccia (2019): Radiobiology for the radiologist. 8th ed. Wolters Kluwer. Philadelphia.

OBJECTIVES AND LEARNING OUTCOMES

Course objectives		At the Radiation hygiene course students will learn how to be able to (1) protect their selves and their
10		associates from radioactive contamination and irradiation; (2) use detectors of ionising radiation and
	*	dosimeters, detect ionising radiation, determine its type and calculate the radiation dose (3) to use high
		frequency spectrum analyzer and radiofrequency meters and to calculate the exposure limits (4) protect
		the housings, animal habitats, domestic animals, animal feed and foodstuff from radioactive
		contamination and radiation (5) perform decontamination of domestic animals, animal feed, meat, milk,
		water and other food of animal origin, animal habitats, various subjects and environment (soil, farmlands)
		and check-up the success of decontamination; (6) evaluate radiation hygiene properties of meat, milk
		and other food and their use as human food, and all intended to protect humans from radiation and
1 . T . W	FS-2	radiation risks; (7) evaluate the risk of malignant diseases appearance in humans due to feeding with
		contaminated milk and meat; (8) conserve food by ionizing radiation. Besides, the students will obtain the
	+	basic knowledge about ionizing and non-ionizing (microwave) radiation effects on animals and humans.
		Both is necessary for course in radiology, nuclear veterinary medicine and for performing other activities
		in veterinary profession referring to electromagnetic radiation. Finally, without mastering this course,
		veterinarians are not legally allowed to perform X-ray examinations or examinations by application with
		radioactive isotopes (nuclear veterinary medicine). Neither is it allowed to perform veterinary inspection o
40.27		other things relating to animal hygiene.
Learning outcomes		After successfully mastering the course students will be able to:
	x x	 differentiate the sources of ionizing radiation and nonionizing radiation
		 estimate the pathway of radioactive contamination and the biological effects of ionizing radiation
		 organize the protection of humans, animals, feed and food from radioactive contamination and
		irradiation
		 perform decontamination of domestic animals, animal feed, milk, water and other food of animal origin,
	4 (82 (21)	animal habitats, various subjects and environment (soil, farmlands) and check-up the success of
12		decontamination
		 to determine the radiological safety of food in order to protect people from radiation risks
		 explain how ionizing radiation detectors and dosimeters work to determine radioactivity and read the
	/4	dose of radiation received, with the aim of protecting humans and animals from the harmful effects of
		ionizing radiation
2.8		 evaluate food that has been pasteurized and/or preserved by ionizing radiation and give an opinion on
		these processes

GRADING SCHEME

Points	Grade
Up to 59	1 (F)
60-68	2 (E)
69-76	2 (D)
77-84	3 (C)
85-92	4 (B)
93-100	5 (A)
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Course leader:

Head of Department/Clinic:

Note: The course leader is required to submit a Course Syllabus to all teachers and associates pertaining to the Course.

GRADING AND EVALUATION OF STUDENT WORK ON COURSES WITH LECTURES, SEMINARS and PRACTICALS

Type of activity	Minimum number of points	Maximum number of points
Lectures attendance	ω	6
Seminar attendance	4	6
Practicals attendance	4	6
Active participation in seminars and practicals	55	10
Continuous knowledge checking (mid-terms)	20	32
Final exam	24	40
TOTAL	60	100

GRADING AND EVALUATION OF STUDENT WORK ON COURSES WITH LECTURES and SEMINARS

Type of activity	Minimum number of points	Maximum number of points
Lecture attendance	ω	တ
Practicals attendance	88	12
Active participation in practicals	G	10
Continuous knowledge checking (mid- terms)	20	32
Final exam	24	40
TOTAL	60	100

GRADING AND EVALUATION OF STUDENT WORK ON COURSES WITH SEMINARS and EXCERCISES

Type of activity	Minimum number of points	Maximum number of points
Seminar / practicals attendance		18
Active participation in seminars and practicals	ري د	10
Continuous knowledge checking (mid- terms)	20	32
Final exam	24	40
TOTAL	60	100