

UNIVERSITY OF ZAGREB  
FACULTY OF VETERINARY MEDICINE  
Heinzlova 55  
Tel. 01/2390-133

Division:

Organizational unit: Clinic Chair for physical education

E-mail of the course leader: scuic@vef.hr

Register No of the organisational unit:

Zagreb, 11/02/2025

|                                                                                     |                     |
|-------------------------------------------------------------------------------------|---------------------|
|  |                     |
| 198325                                                                              | REPUBLIKA HRVATSKA  |
| Veterinarski fakultet u Zagrebu                                                     |                     |
| Primljeno:                                                                          | 17.02.2025          |
| Klasifikacijska oznaka                                                              | Org. jed.           |
| 602-04/24-22/38                                                                     | 251-61-61/251-61-32 |
| Uredbeni broj                                                                       | Prilozi Vrijednost  |
| 251-61-31-25-177                                                                    | 0 -                 |

## COURSE SYLLABUS

Course name: PHYSICAL EDUCATION IV

Academic year 2024/2025

Course leader: Saša Čuić, prof., senior lecturer

Teachers: Saša Čuić, prof., senior lecturer

First day of classes: 06/03/2025

Last day of classes: 05/06/2025

## Activities - Physical Education IV

| Start Date | Start T | End Ti | Subject               | Group            | Note | Length | Instructor | Room      |
|------------|---------|--------|-----------------------|------------------|------|--------|------------|-----------|
| 06/03/2025 | 16:00   | 19:00  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 13/03/2025 | 16:05   | 19:05  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 20/03/2025 | 16:05   | 19:05  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 27/03/2025 | 16:05   | 19:05  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 03/04/2025 | 16:00   | 19:00  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 10/04/2025 | 16:05   | 19:05  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 24/04/2025 | 16:00   | 19:00  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 08/05/2025 | 16:00   | 19:00  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 15/05/2025 | 16:00   | 19:00  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 22/05/2025 | 16:00   | 19:00  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 29/05/2025 | 16:05   | 19:05  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| 05/06/2025 | 16:00   | 19:00  | Physical Education IV | 4E-1, 4E-2, 4E-3 |      | 3:00   | Cuic S.    | Velesajam |
| Total: 12  |         |        |                       |                  |      | 36:00  |            |           |

### STUDENT OBLIGATIONS

|                                                 |                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Lecture attendance                              |                                                                                                                                                                                                                                                                                                                                                                                                          |
| Seminars attendance                             |                                                                                                                                                                                                                                                                                                                                                                                                          |
| Practicals attendance                           | Yes. Students interest for some of the offered programmes is checked at the beginning of the course.                                                                                                                                                                                                                                                                                                     |
| Active participation in seminars and practicals |                                                                                                                                                                                                                                                                                                                                                                                                          |
| Final exam                                      |                                                                                                                                                                                                                                                                                                                                                                                                          |
| Examination requirements                        | Student requirements are defined in the Regulations on the Integrated Undergraduate and Graduate Study of Veterinary Medicine. Given the above, the student must acquire a minimum number of points from all assessment elements in order to take the final exam. <b>Article 41:</b> a student can justifiably be absent from up to 50 % of the lectures; 30% of the seminars and 30 % of the exercises. |

### GRADING AND EVALUATING STUDENT WORK

|                                           |                                                                                                                   |
|-------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| Continuous knowledge-checking (mid-terms) |                                                                                                                   |
| Final exams (dates)                       |                                                                                                                   |
| Form of final exam                        | There is no examination. Student will successfully accomplish the course after attending min. 80% of all classes. |

### LITERATURE

|                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Obligatory literature | <p>There is no obligatory literature. The following literature is recommended:</p> <p>HEIMER, S. (2003): Promotion of medical-preventive physical activity in Croatia. Sport for all. 21 (35), pp. 3-4.</p> <p>MIŠIGOJ-DURAKOVIĆ, M., Z. Duraković, S. Xiukun, L. Petrinoić (2003): Physical exercise in prevention of chronic and infectious diseases. Sport for all. 21 (33-34), pp. 25-28.</p> <p>BARTOLUCI, M., D. Omrčen (2003): Promotion as an element of marketing mix in sport and sport tourism: The Croatian Experience. Kinesiology, 35(1), pp. 72-84.</p> <p>HEIMER, S. (2003): Promicanje zdravstveno-preventivne tjelesne aktivnosti u RH. Sport za sve, 21 (35), 3-4.</p> <p>MIŠIGOJ-DURAKOVIĆ, M., Z. DURAKOVIĆ, S. XIUKUN, L.PETRINOVIĆ (2003): Tjelesno vježbanje u prevenciji kroničnih nezaraznih bolesti. Sport za sve, 21 (33-34), 25-28.</p> <p>BARTOLUCI, M., D.OMRČEN (2003): Promotion as an element of marketing mix in sport and sport tourism: The Croatian Experience. Kinesiology, 35(1), pp. 72-84.</p> |
| Optional literature   | Depending on the student's area of interest.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>Volleyball:<br/>JANKOVIĆ, V., N. MARELIĆ (2003): Odbojka za sve. Autorska naklada, Zagreb.<br/>MARELIĆ, N., V. JANKOVIĆ (1996): Odbojkaške tehnike. Cesar press, Zadar.</p> <p>Swimming:<br/>VOLČANŠEK, B. (1996): Sportsko plivanje. Fakultet za fizičku kulturu, Zagreb.<br/>VOLČANŠEK, B. (2002): Bit plivanja. Kineziološki fakultet, Zagreb.<br/>SZABO, I. (2000): Metodičke vježbe usavršavanja tehnika plivanja. Fakultet za fizičku kulturu, Zagreb.</p> |
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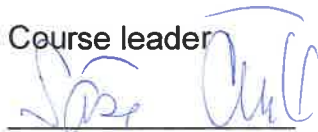
### **OBJECTIVES AND LEARNING OUTCOMES**

|                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Course objectives | Aims of the subject (1) learning new conventional motor skills (2) improving fundamental theoretical and practical kinesiology knowledge, (3) identifying interests for sport, anthropological characteristics and motor awareness (4) preventing deterioration, and premature decline of traits, abilities, and motor skills due to insufficient physical activity (5) promotion of sports culture (6) promoting of social communication. Gaining knowledge of structure, rules, training process, specific kinesiological activities: swimming, basketball, football, volleyball, handball, dances, aerobics, badminton, skating, skiing, squash, sports on the water (sailing, paddle), riding. |
| Learning outcomes | The possibility of changing morphological characteristics, as well as motor and functional abilities; training students for independent physical exercise; principles of medical culture; quality nutrition.<br>-learning new conventional motor skills<br>-improving fundamental theoretical and practical kinesiology knowledge<br>-identifying interests for sport, anthropological characteristics and motor awareness<br>-promoting sports culture                                                                                                                                                                                                                                            |

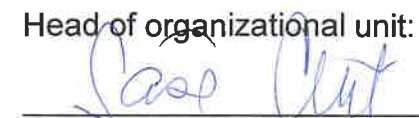
**GRADING SCHEME**

| <i>Points</i> | <i>Grade</i> |
|---------------|--------------|
| Up to 59      | 1 (F)        |
| 60-76         | 2 (D,E)      |
| 77-84         | 3 (C)        |
| 85-92         | 4 (B)        |
| 93-100        | 5 (A)        |

Course leader



Head of organizational unit:



Note: The course leader is required to submit a Course Syllabus to all teachers and associates pertaining to the Course