

UNIVERSITY OF ZAGREB
FACULTY OF VETERINARY MEDICINE
Heinzelova 55
Tel. 01/2390-133
Division:
Organizational unit: Chair for physical education
E-mail of the course leader: scuic@vef.hr
Register No of the organisational unit:
Zagreb, 3/09/2025



206944	REPUBLIKA HRVATSKA	
Veterinarski fakultet u Zagrebu		
Primljeno:	03.09.2025	
Klasifikacijska oznaka	Org. jed.	
602-04/25-22/34	251-61-43;281-61-32;	
Uredžbeni broj	Prilozi	Vrijednost
251-61-31-25-31	0	-

COURSE SYLLABUS

Course name: PHYSICAL EDUCATION III

Academic year 2025/2026

Course leader: Saša Čuić, prof.,senior lecturer

Teachers: Saša Čuić, prof.,senior lecturer

First day of classes: 02/10/2025

Last day of classes: 22/01/2026

Activities - Physical Education III.

Start Date	Start T	End Ti	Subject	Group	Note	Length	Instructor	Room
02/10/2025	16:00	18:00	Physical Education III.	3E-1, 3E-2, 3E-3				

Total: 1

STUDENT OBLIGATIONS

Lecture attendance	
Seminars attendance	
Practicals attendance	Yes
Active participation in seminars and practicals	Students interest for some of the offered programmes is checked at the beginning of the course.
Final exam	
Examination requirements	Student requirements are defined in the Regulations on the Integrated Undergraduate and Graduate Study of Veterinary Medicine. Given the above, the student must acquire a minimum number of points from all assessment elements in order to take the final exam. Article 41: a student can justifiably be absent from up to 50 % of the lectures; 30% of the seminars and 30 % of the exercises.

GRADING AND EVALUATING STUDENT WORK

Continuous knowledge-checking (mid-terms)	
Final exams (dates)	
Form of final exam	There is no examination. Student will successfully accomplish the course after attending min. 80% of all classes.

LITERATURE

Obligatory literature	<p>There is no obligatory literature.</p> <p>The following literature is recommended:</p> <p>HEIMER, S. (2003): Promicanje zdravstveno-preventivne tjelesne aktivnosti u RH. <i>Sport za sve</i>, 21 (35), 3-4.</p> <p>MIŠIGOJ-DURAKOVIĆ, M., Z. DURAKOVIĆ, S. XIUKUN, L.PETRINOVIĆ (2003): Tjelesno vježbanje u prevenciji kroničnih nezaraznih bolesti. <i>Sport za sve</i>, 21 (33-34), 25-28.</p> <p>BARTOLUCI, M., D. OMRČEN (2003): Promotion as an element of marketing mix in sport and sport tourism: The Croatian Experience. <i>Kinesiology</i>, 35(1), 72-84.</p>
Optional literature	<p>Depending on the student's area of interest.</p> <p>Volleyball:</p> <p>JANKOVIĆ, V., N. MARELIĆ (2003): <i>Odbojka za sve</i>. Autorska naklada, Zagreb.</p> <p>MARELIĆ, N., V. JANKOVIĆ (1996): <i>Odbojkaške tehnike</i>. Cesar press, Zadar.</p> <p>Swimming:</p> <p>VOLČANŠEK, B. (1996): <i>Sportsko plivanje</i>. Fakultet za fizičku kulturu, Zagreb.</p> <p>VOLČANŠEK, B. (2002): <i>Bit plivanja</i>. Kineziološki fakultet, Zagreb.</p> <p>SZABO, I. (2000): <i>Metodičke vježbe usavršavanja tehnika plivanja</i>. Fakultet za fizičku kulturu, Zagreb.</p>

OBJECTIVES AND LEARNING OUTCOMES

Course objectives	Aims of the subject (1) learning new conventional motor skills (2) improving fundamental theoretical and practical kinesiology knowledge, (3) identifying interests for sport, anthropological characteristics and motor awareness(4) preventing deterioration, and premature decline of traits, abilities, and motor skills due to insufficient physical activity (5) promotion of sports culture (6) promoting of social communication. Gaining knowledge of structure, rules, training process, specific kinesiological activities: swimming, basketball, football, volleyball, handball, dances, aerobics, badminton, skating, skiing, squash, sports on the water (sailing, paddle), riding.
Learning outcomes	The possibility of changing morphological characteristics, as well as motor and functional abilities; training students for independent physical exercise; principles of medical culture; quality nutrition. -learning new conventional motor skills -improving fundamental theoretical and practical kinesiology knowledge -identifying interests for sport, anthropological characteristics and motor awareness -promoting sports culture

GRADING SCHEME

<i>Points</i>	<i>Grade</i>
Up to 59	1 (F)
60-76	2 (D,E)
77-84	3 (C)
85-92	4 (B)
93-100	5 (A)

Course leader ✓

Sasa Anic

Head of organizational unit:

Sasa Anic

Note: The course leader is required to submit a Course Syllabus to all teachers and associates pertaining to the Course

